



EDGE

6th - 8th Grades

What is EDGE? A place where middle school students can share life, prayer, and be formed as missionary disciples through activities, small groups, catechesis, community, and prayer. It provides a safe and fun place for youth to get answers to their questions about faith, and most importantly, to experience Jesus in a profound and personal way.



WHAT'S THE FORMAT OF EDGE?

Teens enter the program space, grab their snack, name tag, and spend some time catching up with friends and their Core Member (small group leader). Then we **GATHER** for a game, icebreaker, team-building experience, or activity and an opening prayer. Then the **PROCLAIM** is given. This is a 10-15 minute message that includes catechesis, testimony, reflection, and personal application. Youth then enter the heart of our session, **BREAK**: the small group, when they get to break open what they've heard, ask questions, and discuss how faith and the particular topic applies to their life. Additionally, most small group time includes Lectio Divina (praying with Scripture). Finally, we regroup and have our **SEND**, the time when youth enter a particular prayer experience, are given a weekly challenge, and are sent out on mission.



GATHER



WHEN DOES EDGE MEET?

EDGE meets several times a week at our Incarnation Campus - PAC, as it provides the most space for our ever-growing group and its games, activities, program, and small group breakouts.

- Sunday evenings from 6:45 - 8:15 p.m.
- Wednesday afternoons from 4:30 - 6:00 p.m.
- Incarnation School students can attend on Wednesday afternoons from 3:00 - 4:30 p.m., or any other session



PROCLAIM



WHAT IS **EDGE Connect**?

And how does it differ from EDGE?

EDGE Connect has all the same features as EDGE, but instead of gathering as a LARGE GROUP (80-120 youth), youth go directly into their Small Group (6-8 youth + 2 adults). The Gather activity will be shorter, lower energy, and more specific to the content being covered. The elements of Proclaim, Break, and Send remain the same.

We understand that a large group setting may be overwhelming for some students. It's harder to focus and feel comfortable when there are so many people around you. For those who need a quieter atmosphere to grow in their faith, we invite them to join an EDGE Connect group. There, we will meet in a small group setting to discuss our faith with modified curriculum based off of our regular EDGE sessions.



BREAK



WHEN DOES **EDGE Connect** MEET?

EDGE Connect meets twice a week; once on each campus.

- Sunday mornings from 9:45-10:50 a.m. at St. Francis in JP II Breakout Rooms
- Monday afternoons from 4:30-5:45 p.m. at Incarnation Office Breakout Rooms



SEND



IS THERE MORE?

Yes! Beyond just weekly EDGE Nights or EDGE Connect Groups, we'll be offering RETREAT experiences, SERVICE projects, SUMMER CAMP, MISSION TRIP opportunities, and MORE! Just stay tuned to all that our Middle School program has to offer. For more on Leadership Opportunities, see Kids for Christ.

**LEADING TEENS CLOSER TO CHRIST &
RAISING UP THE NEXT GENERATION OF SAINTS.**



WHAT CONTENT IS BEING COVERED AT EDGE?

EDGE (and Life Teen) have new material that comes out every quarter, in a means to keep the faith relevant to the lives of teens. Each year, we rotate to make sure we cover a series (3-6 weeks on a specific topic) on: community, the Creed, Sacraments, Scripture, Morality, and Vocation. Prayer is woven into sessions every week, although a specific series on Prayer may be given.

Additionally, each year Life Teen releases an annual theme that we weave into the content. The theme is covered at summer camps and other retreats. We will be able to share this new theme come the Summer and the content/layout for the year will be made available by August 1st.



HOW CAN I BRING EDGE HOME?

Every week our youth team sends home a Parent Letter that includes what was covered at EDGE, the prayer challenge for the week, and discussion questions for breaking the content out at home. Additionally, we film one of the EDGE session talks and make that content available online for parents to hear/see.



WHAT IS A CORE MEMBER?

A Core Member is an adult disciple (who has completed Safe Parish) that accompanies a small group of youth over the course of the school year. Their task is to build safe, healthy, faith-based relationships with youth, facilitate small group discussions, model what it means to be a disciple, and pray with and for youth.



WHAT FOUNDATIONAL H.A.B.I.T.S. ARE BEING LAID?

Through EDGE (and its high school component, Life Teen), we are striving to help teens Love God, Love Others, and Make Disciples (Matthew 22, 28). We want to help instill H.A.B.I.T.S. of Discipleship, which include:

- **Hang-time with God** | teens are committed to daily personal prayer
- **Accountability + Accompaniment** | teens are in small groups led by an adult-disciple, where they grow in faith and have accountability in their prayer
- **Bible** | teens are reading and praying Scripture, not just at EDGE, but in preparation for Sunday Mass and in their daily prayer
- **Invest in Ministry + Mission** | teens are involved in the life and service of the parish community (ministry) and are serving in the wider community
- **Telling My Story + Inviting Others** | teens share their testimony and invite their friends to EDGE or other events as a means of evangelizing
- **Sacramental Life** | teens attend Sunday Mass, frequent the Sacrament of Confession, and find other times to be with Jesus in the Eucharist



WHERE CAN I LEARN MORE ABOUT EDGE?

Visit www.lifeteen.com or check out this quick infographic about EDGE.

EDGE INFO



PLAY



SERVE



CONNECT



PRAY



GROW