

Our Lady of Light seeks to **raise up the next generation of saints** through irresistible environments, authentic Christian relationships, and providing encounters with Jesus through Word, testimony, and Sacraments.

We want to help young people **love God, love others**, and ultimately **make disciples**. (Matthew 22, 28)

We have thus renamed our PREP and Faith Formation programs to **Discipleship Formation**. This program has something to offer for all students from Preschool through High School as well as our Young Adults, Parents and Families. Please review the information below and click through the [Discipleship Formation website](#) for more information on the offerings for each age group.



## Awaken: Preschool through 5<sup>th</sup> grade

Therefore be imitators of God, as beloved children; and live in love, as Christ loved us . . .

For once you were darkness, but now in the Lord you are light. Live as children of light . . .

Sleeper, awake! . . . and Christ will shine on you. – Ephesians 5:1-14

The faith of little children is beautiful in the eyes of our Lord! We encourage youth and their families to **awaken** that faith and for all of us to **live as children of light**.

### Preschool:

Offered at Incarnation for ages 3 and 4 as a weekly class.

### Kindergarten through 5th grade:

Offered at both campuses on Sunday mornings and Wednesday afternoons as a weekly class.

Kindergarten is offered Sunday mornings at Incarnation and Wednesday afternoons at St. Francis of Assisi. The Word of Life curriculum from Augustine Institute will be used in grades K, 1, 3-5. A Sacramental Preparation curriculum will be used in the 2<sup>nd</sup> grade classrooms. Homeschool will be an options for grades 1 thru 5.



## Edge: 6<sup>th</sup> through 8<sup>th</sup> grade

The weekly “class” for middle school aged kids is the Edge program. It is offered on Sunday mornings at St. Francis of Assisi, Sunday evenings and Wednesday afternoons at Incarnation. The Edge program follows the model of breaking open a topic for 3-6 weeks using the structure from Mass: Gather, Proclaim, Break, Send. Gather involves an activity or icebreaker; Proclaim is the talk and/or video where content is delivered; Break is the heart of EDGE & Life Teen, where youth join their small group for discipleship check-in, breaking open the teaching, and faith sharing; Send is the recap and prayer experience.

**For those 6<sup>th</sup> graders not quite ready to jump into Edge**, we are offering a classroom style session for the first semester on Sunday mornings at St. Francis of Assisi. Those students will then move into the Edge program in the new year.

**For Incarnation students interested in Edge**, there are two options. Mr. Dunn will be offering an after school Edge session on Wednesdays next year through the school. If this timing does not work for you, feel free to register for any other Edge session through Our Lady of Light Family.

## More Middle School programs

If you are registered for Edge classes, then your medical release form also covers these fun events!

**If you are an Incarnation student and are interested in these programs**, then register for Discipleship Formation and as your child's session choice select "Incarnation School Participant."



The Kids for Christ Core Team consists of students committed to the responsible leadership of the social component of the Middle School and Jr. High Ministry.

The team meets year round to collaborate, design, plan, compromise, implement, and evaluate every Kids for Christ event, including summer events. Dedicated adult team leaders assist at all meetings and events. The meetings are in a non-threatening environment where everyone's voice is heard and considered. Each member has one vote. There are no officers.



### PIZZA & PRAYER

Middle School Pizza and Prayer will be held weekly on Thursday evenings starting in August through the end of May. It will be from 6:30pm to 8:00pm on the St. Francis of Assisi campus. Students will have an opportunity for intentional fellowship and pizza, before diving into praying and discussing the upcoming readings for Sunday Mass.



### PRAISE AND WORSHIP XLT

The XLT Praise and Worship Team is open to all students in 6<sup>th</sup> through 12<sup>th</sup> grade. They are the vocal and instrumental leaders for the music during XLT adoration. This will be held once a month. A schedule is on the website.



### Life Teen: 9<sup>th</sup> through 12<sup>th</sup> grade

There are also weekly sessions for high school kids! The main program is the Life Teen program. It is offered on Sunday evenings at St. Francis of Assisi. The Life Teen program follows the model of breaking open a topic for 3-6 weeks using the structure from Mass: Gather, Proclaim, Break, Send. Gather involves an activity or icebreaker; Proclaim is the talk and/or video where content is delivered; Break is the heart of EDGE & Life Teen, where youth join their small group for discipleship check-in, breaking open the teaching, and faith sharing; Send is the recap and prayer experience.



### PIZZA & PRAYER

High School Pizza and Prayer will be held weekly on Wednesday evenings starting in August through the end of May. It will be from 6:30pm to 8:00pm on the St. Francis of Assisi campus. Students will have an opportunity for intentional fellowship and pizza, before diving into praying and discussing the upcoming readings for Sunday Mass.



### PRAISE AND WORSHIP XLT

The XLT Praise and Worship Team is open to all students in 6<sup>th</sup> through 12<sup>th</sup> grade. They are the vocal and instrumental leaders for the music during XLT adoration. This will be held once a month.

## Parents



Blessed is a program we are starting for Marriage and Family ministry. Please watch out for new offerings over the course of the year.



Parent Life is geared toward parents of Middle & High School Youth though all are welcome. We seek to share life, prayer, and formation for the mission of leading our families into a deeper relationship with Jesus Christ. Parent Life will meet twice a month on Sunday evenings during classes at the Incarnation PAC.

We are excited to be partnering with Nazareth Revisited, a local apostolate that seeks to help parents find the calm in the storm of today's world: "Being a parent in today's culture is hard. Being a Catholic parent is harder."