

ARCHDIOCESE OF CINCINNATI  
OFFICE FOR EVANGELIZATION  
AND DISCIPLESHIP  
PRAYERS AND PRECEPTS



**Pre-Kindergarten – Grade 4**



## **Pre-Kindergarten**

### **Sign of the Cross**

In the Name of the Father, And the Son, And the Holy Spirit, Amen.

## **Kindergarten**

### **Sign of the Cross**

In the Name of the Father, And the Son, And the Holy Spirit, Amen.

### **Grace Before Meals (*knowledge of*)**

Bless us, O Lord and these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord. Amen.

### **Grace After Meals**

We give Thee thanks for all Thy benefits, O Almighty God, who lives and reigns world without end. Amen.

## Grade 1

### **Our Father (Lord's Prayer) (knowledge of)**

Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

### **Hail Mary (knowledge of)**

Hail Mary full of Grace, the Lord is with thee. Blessed are thou among women and blessed is the fruit of thy womb Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death Amen.

### **Glory Be**

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen.

### **Grace After Meals**

We give Thee thanks for all Thy benefits, O Almighty God, who lives and reigns world without end. Amen.

### **Prayer to Guardian Angel**

Angel of God, my Guardian dear, to whom God's love commits me here, ever this day, be at my side, to light and guard, to rule and guide. Amen.

## Grade 2

### **Our Father (Lord's Prayer)**

Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

### **Hail Mary**

Hail Mary full of Grace, the Lord is with thee. Blessed are thou among women and blessed is the fruit of thy womb Jesus. Holy Mary Mother of God, pray for us sinners now and at the hour of our death Amen.

### **Act of Contrition**

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, Who art all-good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasions of sin. Amen. ~ or

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. Amen.

### **Simple Morning Offering**

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen.

### **Ten Commandments (*knowledge of*)**

1. I am the Lord your God; you shall not have strange gods before Me.
2. You shall not take the Name of the Lord your God in vain.
3. Remember to keep holy the Lord's day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

## **Grade 3**

### **Seven Sacraments**

Baptism

Confirmation

Eucharist

Penance

Anointing of the Sick

Marriage

Holy Orders

### **Mass Prayers and Responses**

#### **The Introductory Rites**

##### *Greeting*

Priest:

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

~ or

Grace to you and peace from God our Father and the Lord Jesus Christ.

~ or

The Lord be with you.

People: And with your spirit.

***Penitential Act***

Brothers and sisters, let us acknowledge our sins,  
and so prepare ourselves to celebrate the sacred  
mysteries.

- A. I confess to almighty God, and to you my  
brothers and sisters, that I have greatly sinned,  
in my thoughts and in my words, in what I have  
done and in what I have failed to do, (strike our  
breast during the next line) through my fault,  
through my fault, through my most grievous  
fault; therefore I ask blessed Mary ever-Virgin,  
all of the angels and saints, and you, my  
brothers and sisters, to pray for me to the Lord  
our God.
- B. Have mercy on us, O Lord.  
For we have sinned against you.  
Show us, O Lord, your mercy.  
And grant us your salvation.
- C. You were sent to heal the contrite of heart: Lord  
have mercy. ~ Lord have mercy.  
You came to call sinners: Christ, have mercy.  
~ Christ, have mercy.  
You are seated at the right hand of the Father to  
intercede for us: Lord, have mercy.  
~ Lord, have mercy.
- May almighty God have mercy on us, forgive us our  
sins, and bring us to everlasting life. ~ Amen.



### ***Gloria***

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory. Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father.

Amen.

### ***Liturgy of the Word***

#### **First/Second Reading:**

The Word of the Lord.

~ Thanks be to God.

#### **Responsorial Psalm:** Repeat the Psalm

#### **Gospel:**

The Lord be with you.

~ And with your spirit.

A reading from the holy Gospel according to ...

~ Glory to you, O Lord.

The Gospel of the Lord.

~ Praise to you Lord, Jesus Christ.

*Nicene Creed*

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

*(bow during this section)* and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

## **The Liturgy of the Eucharist**

### **Preparation of the Altar and Gifts**

Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

~ Blessed be God forever.

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

~ Blessed be God forever.

### **Invitation to Prayer**

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

### **Preface Dialogue**

The Lord be with you.

~ And with your spirit.

Lift up your hearts.

~ We lift them up to the Lord.

Let us give thanks to the Lord our God.

~It is right and just.

### **Holy, Holy, Holy**

Holy, Holy, Holy, Lord God of hosts,  
Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

### **Mystery of Faith**

~ We proclaim your Death, O Lord, and profess  
your Resurrection until you come again. ~ or

~ When we eat this Bread and drink this Cup, we  
proclaim your Death, O Lord, until you come again.

~ or

~ Save us, Savior of the world, for by your Cross  
and Resurrection you have set us free.

### **The Communion Rite**

At the Savior's command and formed by divine  
teaching, we dare to say:

Our Father who art in heaven, Hallowed be thy  
name, Thy kingdom come, thy will be done, on  
earth as it is in heaven. Give us this day, our daily  
bread and forgive us our trespasses, as we forgive  
those who trespass against us. Lead us not into  
temptation, but deliver us from evil.

For the kingdom, the power and the glory are  
Yours, now and forever.

### **Sign of Peace**

The peace of the Lord be with you always.

~ And with your spirit.

### **Invitation to Holy Communion**

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

### **The Concluding Rites**

#### **Final Blessing**

The Lord be with you.

~ And with your spirit.

May almighty God bless you,  
the Father, and the Son, and the Holy Spirit.

~ Amen.

#### **Dismissal**

Go forth, the Mass is ended. ~ or

Go and announce the Gospel of the Lord. ~ or

Go in peace, glorifying the Lord by your life. ~ or

Go in peace.

~ Thanks be to God.

### **Apostle's Creed (knowledge of)**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, (bow) who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

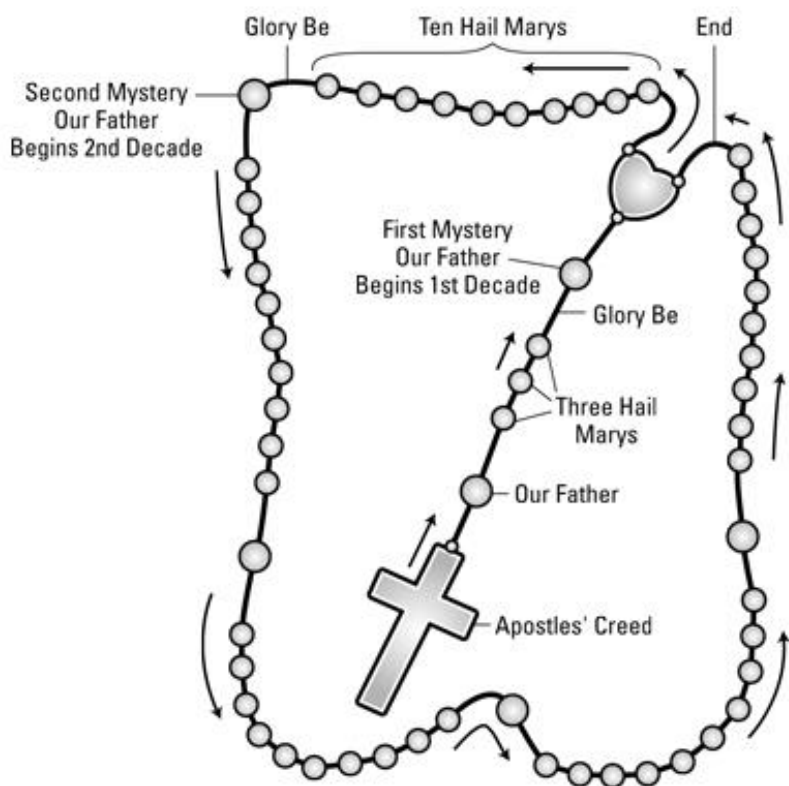
### **Confiteor**

I confess to almighty God, and to you my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (strike our breast during the next line) through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all of the angels and saints, and you, my brothers and sisters, to pray for me to the Lord our God.

### **Prayer for Poor Souls in Purgatory**

May the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

## How to Pray the Rosary



## Grade 4

### **Apostle's Creed**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, (bow) who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### **Ten Commandments**

1. I am the Lord your God; you shall not have strange gods before Me.
2. You shall not take the Name of the Lord your God in vain.
3. Remember to keep holy the Lord's day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.



### **Act of Faith**

O my God, I firmly believe that you are one God in three divine persons, Father, Son and Holy Spirit. I believe that your divine Son became man and died for our sins, and that he will come to judge the living and the dead. I believe these and all the truths which the holy Catholic Church teaches, because in revealing them you can neither deceive nor be deceived. Amen.

### **Act of Hope**

O my God, relying on your infinite goodness and promises, I hope to obtain pardon of my sins, the help of your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.

### **Act of Love**

O My God, I love you above all things, with my whole heart and soul, because you are all-good and worthy of all love. I love my neighbor as myself for the love of you. I forgive all who have injured me, and ask pardon of all whom I have injured. Amen.